

Become a Business Coach



Curriculum 2012

*"You cannot teach a person anything;
you can only help him find it within himself."*

– Galileo Gallilei

Curriculum 2012 – Part 1



Module	Contents	Dates & Time
1	Coaching Basics & Coaching Classic 1 and 2 <ul style="list-style-type: none">• Definition of Coaching• Efficient Coaching models• differentiation to other disciplines• variety of counseling approaches/ attitudes• Coaching process• Empathic and feedback in the counseling interview• Handling of diverse client types• Classical Coaching methods	2 days 9 am – 5 pm
2		2 days 9 am – 5 pm
3	Systemic Interventions 1 and 2 <ul style="list-style-type: none">• Systemic theory and constructivism• Systemic Coaching methods• Systemic interviewing techniques• „Systemic Board“• The role of the systemic Coach• Coaching concepts for your practice	2 days 9 am – 5 pm
4		2 days 9 am – 5 pm

Curriculum 2012 – Part 2



Module	Contents	Dates & Time
5	Neuro-Linguistic Programming 1 and 2 <ul style="list-style-type: none">• Theoretical basics on Neuro-Linguistic Programming• Personal structures and Metaprograms• Sensitization of (unconscious) cognition• perception and body language• Work with „floor anchors“• Workshop ending & certification	2 days 9 am – 5 pm
6		2 days 9 am – 5 pm
7	Team Coaching <ul style="list-style-type: none">• Theoretical basics on team theory• group dynamics• team coaching challenges and techniques	2 days 9 am – 5 pm
8	Conflict Coaching <ul style="list-style-type: none">• Theoretical basics on conflict theory• conflict dynamics• conflict coaching challenges and techniques	2 days 9 am – 5 pm

Be there



and use your chances

(S)He who stops being better,
stops being good.